



GUIDE 3

HOW TO SPEAK TO GOD SIMPLY?

*Do not be anxious about anything, but in every situation, by prayer and supplication, present your requests to God.
— Philippians 4:6*



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GOD WANTS TO HEAR YOU, NOT BE IMPRESSED.

There is no right or wrong way to talk to God.

What matters is sincerity.
God understands even sighs, tears, and
silence.

*Before a word is on my tongue, you already
know it. – Psalm 139:4*

*Speak to Him as you would to a loving father.
You can tell Him about your fear, your
tiredness, your anger, your gratitude.*

He listens to you with patience and love.



WHEN YOU DON'T KNOW WHAT TO SAY

You can simply say:

Lord, I don't know what to say, but you know everything. You see my heart. I open my life to you. Guide me.

And if you no longer have the words, remain silent.

The Holy Spirit prays for you, even when you cannot speak.

The Spirit himself intercedes with groanings too deep for words. – Romans 8:26



GOD ALSO SPEAKS

God speaks to you through:

His Word (the Bible)

Inner peace

The circumstances

Advice from wise believers

Pay attention to His voice. It is gentle, never violent.



4

PUT IT INTO PRACTICE THIS WEEK

Every morning, talk to God for 5 minutes before scrolling on your phone.

Write a sentence each evening: "Today, I thanked God for..."

Try praying in silence, first without words, just with your heart, and then feel free to pray aloud.

🙏 Prayer:

Lord, teach me to speak to you simply.

Make my heart truthful before you.

Help me to listen to you calmly.

Amen.





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