

# GUIDE 2

## HOW TO READ THE BIBLE?

Your word is a lamp to my feet and a light for my path.  
Psalm 119:105



THE SEED.BE

## THE BIBLE, A LOVE LETTER

The Bible is not a book like any other.  
This is a letter written by God for you.

Through its pages, He speaks to you,  
corrects you, consoles you and guides you.

Reading the Bible is encountering God in His  
own words.

You don't need to be a scholar or a  
theologian – all you need is an open heart.

*All Scripture is inspired by God and is useful  
for teaching, correcting and training in  
righteousness. – 2 Timothy 3:16*



## WHERE TO BEGIN?

Many people feel overwhelmed by the size of the book. Here's a simple way:

**1. The Gospels** (Matthew, Mark, Luke, John)  
To discover the life and teachings of Jesus.

**2. THE PSALMS**  
To learn how to pray and find words for your heart.

**3. PROVERBS**  
For the wisdom of everyday life.

Read slowly. Don't try to understand everything at once.

Let the words sink into your heart.



## HOW TO MEDITATE ON A PASSAGE

A simple method: SOAP

**S** (Scripture = Writings) → Read a passage.

**O** (Observation) → What does this text say?

**A** (Application) → What is he teaching me today?

**P** (Prayer) → Speak to God about what you have just read.

### Example :

**S:** *John 14:27*

**O:** → *I leave you in peace.*

**A:** → *God wants to remind me that even in chaos, His peace is available.*

**P:** Lord, thank you for your peace which fills me and reassures me.



4

## PUT IT INTO PRACTICE THIS WEEK

- Read 1 chapter per day (start with the Gospel of John).
- Write down a verse that touched you.
- Ask God: “What do you want to tell me today?”
- Download the Bible from YouVersion, TopBible or BibleProject for simple reading plans.

*Faith comes from hearing, and hearing through the word of Christ. – Romans 10:17*





**THE SEED.BE**  
[www.theseed.be](http://www.theseed.be)

